



37th Annual Religious and Independent School Educators Conference

Leading, Striving and Thriving Together!

Empowering educators to make a world of difference.

November 9 & 10, 2021

www.nyscirs.org/annual-conference

#RISE21

The New York State Coalition for Independent and Religious Schools

Agudath Israel of America

Association of Christian Schools International

Jewish Education Project

New York State Association of Independent Schools

New York State Catholic Conference

The Lutheran Schools Association

Affiliate Organizations

Association of Historically Black Independent Schools

Catholic School Administrators Association of New York State

Greater New York Conference of Seventh Day Adventists

Greek Orthodox Archdiocese of America

Islamic Schools Association

New York Conference of Seventh Day Adventists

Northeastern Conference of Seventh Day Adventists

General Information

- We value the expertise of all the presenters who have shared their time and talents with us at this conference. Thank you!
- Please check www.nyscirs.org/annual-conference for updates throughout the event.
- Presentations given by vendor companies are not an endorsement of the company or their products by the New York State Coalition for Independent and Religious Schools or the Affiliate Organizations.
- Please tweet often and use the hashtag #RISE21
- Virtual conferences have a set of challenges that live events seldom have. Please be patient with technology. Some things may not go as planned. The conference committee will work hard to ensure your experience is positive and informative.
- Please visit the vendor showcase, www.nyscirs.org/rise-11-09-2021. Click the links to learn more about products and services that are important to your work.
- The Conference evaluation is available here - <https://forms.gle/ZfD1TqyssCJ7G4Bg9>

Thank you for joining us for the 37th annual RISE Conference. It has been our pleasure to organize this conference for you. We look forward to your feedback.

Best wishes always,
Jim Cultrara and Rabbi David Zwiebel, Co-Chairs
New York State Coalition for Independent and Religious Schools

2 Incredible Days of Professional Development

The 37th annual RISE Conference is the largest gathering of independent and religious school educators in NYS!

3 Amazing Keynote Sessions



Kim Marshall, Author - *The Marshall Memo*,
Educator, and Consultant
Tuesday, November 9th, 3:15 pm



Father Joseph McShane, President, Fordham
University
Wednesday, November 10th, 9:15 am



Jodee Blanco, Author, Advocate and Activist for
Bullying Prevention
Wednesday, November 10th, 3:00 pm

6 Learning Strands

<p>Technology: Using Online Learning Platforms for Delivery of Instruction, Formative and Summative Assessment, Tools, and Resources.</p>	<p>This strand will support the use of technology platforms for both synchronous and asynchronous learning and how to navigate technology that is manageable and supportive as well as how to use them effectively to plan for learning that is engaging and supports ongoing assessment of student understanding in a different format. This strand will also cover summative and formative assessments, tools, and resources available to teachers.</p>
<p>Pedagogy and Instruction: Best Practice in Curriculum and Instruction. Included here are sessions for Elementary, Middle, and High School Teachers</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="width: 30px; height: 30px; background-color: #00aaff; border: 1px solid black;"></div> <div style="width: 30px; height: 30px; background-color: #aaff00; border: 1px solid black;"></div> </div>	<p>Participants in these strands will explore how to distill and adapt what we know of best practice in classroom settings. Learning experiences designed around the core belief that the first question to consider is “What are the needs of the learners in my care?” Simple strategies, curated resources, and opportunities for sharing and problem solving will be offered. NYS Learning Standards, SED resources, as well as field experts, will provide the most up to date information to support dynamic learning environments.</p>
<p>Social and Emotional Health SEL</p>	<p>This strand will support the social and emotional health of school staff and students. School staff will be taught how to access social-emotional resources for themselves and for their students. Classroom activities and programs will be shared as well as to enhance the capabilities of school personnel to meet and support the mental and social-emotional health of all students.</p>
<p>School Culture and Climate</p>	<p>This strand will support school leaders and teachers in the importance of identifying the beliefs, perceptions, relationships, attitudes, and written and unwritten rules that shape and influence every aspect of how a school functions. Participants will explore and discuss the degree to which a school embraces and celebrates racial, ethnic, linguistic, or cultural diversity.</p>
<p>School Leadership: Leadership in a 21st Century School</p>	<p>This strand will uniquely support school leaders as they navigate the second decade of 21st-century learning. Sessions will address the tried-and-true proven leadership practices so leaders can lead, support their staff, communicate with parents, and ensure high-quality instruction for all. Participants will engage in sharing resources and experiences, problems of practice, and support the design and implementation of effective leadership practices.</p>
<p>Early Childhood</p>	<p>This strand will uniquely support early childhood educators as they plan, prepare, and instruct the youngest learners. Sessions will address the best practices in early childhood instructional practices, curriculum, content, and classroom management techniques.</p>

RISE 2021 Sessions

Over 30 outstanding live professional development sessions to meet your needs as an educator. Sessions that are recorded will be linked for future viewing, so you won't miss a thing!

Strand Key: 

Social Emotional SEL	Technology	Middle/High School	Elementary	Culture Climate	Early Childhood	Leadership
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Tuesday, November 9, 2021

9:00 am - 11:50 am

Time to Consult with the NYS Education Department - see page 19 for the list of participating offices.

12:00 pm - 1:10 pm

BREAKOUT SESSION #1

Best Communication Practices for Dealing with School Stakeholders with  Khadijah Jean Pryce, Ed.D., Principal, Islamic Cultural Center School

This presentation provides principals, administrators, teachers (especially team leaders) with the critical communication skills they need to establish and maintain productive relationships with stakeholders (e.g., parents, teachers, students, board members and community leaders). At the end of this presentation, participants will be able to build collaborative relationships through trust and respect, use concise and direct communication techniques, as well as identify barriers that prevent effective communication. Critical communication practices not only enhance classroom instruction but contribute to the sustainability of religious schools by improving school culture.

Supervising to Success! with Monica Smith, President, Mindful Endeavors, LLC 

Successful supervision is important for both the supervisor and supervisee. Good leadership and supervision promote skill building and knowledge of supervisees, by a supervisor who has a good understanding of the work and knowledge of their role. Successful supervisors demonstrate the

attitudes and values of success and role model these behaviors in their day-to-day work. The purpose of this workshop is to take a dive into the focus and role of supervision, exploring three aspects: administrative, education and support. This presentation will include lecture, interaction, and some short video clips. During the workshop, attendees will be introduced to leadership styles and will be provided information to explore their own leadership style further, post conference. Successful supervision is key to retaining talent and ensuring both a skilled and satisfied workforce. Attendees will leave with some written materials to further explore the elements of successful supervision.

Building Strong Parent Community Culture: What are the Keys to Sustainability, Growth and Family Engagement? with Gina Karp, Senior Professional Development Specialist and Christina Limson-Harvey, Facilitator of Online Learning, Research Assistant, Upstate PDRC



In this session, we will use an equity lens for exploring the role of family engagement in supporting learning, distinguish between information-sharing, communication, and collaboration as stages of shared planning, and become familiar with promising practices that can promote and strengthen family engagement. A parent guest will join us to share their perspective as a parent group leader in their school in relation to the stages of school to family collaborative engagement.

Mindfulness Foundations in an Educational Setting with Erica Ebert, Staff Development Trainer, SEL & Mindfulness, Wayne Finger Lakes BOCES



There are shifts in practitioners' attitudes that occur when an individual cultivates a mindful way of being. Attention, gratitude, patience, and trust are just a few ways we shift. And here's the good news, it's based in neuroscience. Join Erica Ebert, Staff Development Trainer for SEL & Mindfulness for a professional development session deliberately created to explore how Mindfulness is a foundational mindset to all the work in your District, Building, or Learning Space. This experiential learning will delve into the practice and science of Mindfulness. Participants will leave with a solid understanding of Mindfulness, simple ways to begin a personal practice, and ways to start a conversation about integrating this practice into your world.

1:30 pm - 2:40 pm

BREAKOUT SESSION #2

School Leadership: Flip the Dashboard From Big Data to Voices at the Margins with Dr. Rosalba Corrado Del Vecchio, Director of the Non-Public School Building Leadership Programs, St. John's University and Dr. Michael Connell, Assistant Principal



When Covid-19 exploded on the international stage in 2020, international became local and the pandemic transformed educational systems as it did every single area of our lives. Teachers "ramped up" to digital or hybrid learning models, administrators repurposed school buildings into materials

distribution centers and food banks, states cancelled standardized testing for the academic year and many universities even cancelled entrance testing requirements for applicants. In this context, narrow measures of academic success, compliance driven forms of pedagogy and data use were laid bare in their limitations and exclusion. Therefore, the goal of this session is to share the experience of one principal who, during the pandemic, conducted action research on the use of data in one diocesan school district, the limitations he found and the recommendations he makes on how “to flip the dashboard” and transition to what is being called “street data.” Participants in this interactive session will explore not only what is street data, but also learn how a school/school district can move from reliance on one type of data to multiple uses of data, for a next generation model of school transformation. Specifically, how can a school leader lead teachers and staff to use the experiences of those whose voices are often marginal or silent, to transform a school in this time of the “new normal?” Electronic links, exemplars, and resources will be provided for future follow up.

Accelerate Math Schoolwide -- Even if You Dread It! with Ray Dass, Founder and CEO at Ray Dass



We have helped schools throughout the US make historic learning gains during a time when so many students experienced learning loss, especially in Math. Private schools are now welcoming students with more diverse backgrounds and skill levels than ever before, making it harder than ever to know the appropriate level at which to teach students. During this session, I will share the exact strategies we have used to help schools grow in their math performance during the pandemic, including how we developed:

- Summer Math Review & Preview Courses
- Light & Effective Summer Math Curriculum
- Technology to Reinforce Mastery

Participants will gain access to SARA, our award-winning learning platform for themselves and their math department chairs, as well as the very same materials we used for our summer math programs at no charge!

College & Career Readiness - A Timelier Perspective with Ronit Carter, President and Education Consultant, Learning Lens



How often do we hear, and how long have we been striving toward, the same barrage of skills to prepare our students for post-secondary pursuits? Time management, communication, organizational skills, technology, etc. In today's uncertain times, one could be well-organized and high achieving in traditional educational terms, yet still produce no fruit. In this session, we'll explore a timelier perspective -- college and career readiness has more to do with being and becoming, rather than doing and accomplishing. We'll explore the fundamental cornerstones of purpose, identity, and truth and shift our perspective to future-readiness.

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What Does/Should ESSA Mean to School Building Leaders with Sima Fish, Esq., 
Principal, Ezra Academy and Rena Fish, Assistant Principal, Yeshivat Darche Eres

An interactive discussion on the meaning behind and utility of ESSA in today's learning environment.

Graduation in Less than 12 Years? Reducing School Years: Students Who Can Do It with Dr. Walid Hawana, Principal, Bright Hope Academy Center 

This session will provide a description of steps to be taken by teachers, parents, and students to reduce numbers of school years. The road to early graduation is easy to follow if specific steps are taken by each party to ensure expected results. Who said that students must stay 12 years in school to join higher learning institutions?

3:00 pm **Welcome and Conference Opening**
Mr. James Cultrara
Co-Chair, NYS Coalition for Independent and Religious Schools

3:15 PM **Keynote Presentation**
Mr. Kim Marshall, author, educator, consultant

GETTING THE MOST FROM CLASSROOM ASSESSMENTS

Assessments are key to addressing three equity issues that bedevil schools: (a) knowledge and skill gaps; (b) some teachers not taking responsibility for all students learning; and (c) the “Matthew effect” – gaps and accountability problems disproportionately harm students who walk into school with any kind of disadvantage. This workshop describes how assessments can be used to address those issues: *Leveling the playing field*: Preventing knowledge and skill gaps, Fostering a growth mindset, Building students’ self-reliance. *Improving learning in real time*: Spotting and fixing student struggles during lessons, Improving retention through the “retrieval effect”, Leveraging peer instruction. *Shifting the conversation to results*: Generating graphic displays of student learning, Providing substance for teacher team collaboration, Helping principals supervise with an eye to learning. Each of these depends on high-quality assessments, time for teachers to meet, a medium-stakes teaching-and-learning environment, wise supervision and coaching, skillful facilitation, non-defensive reflection, and constant fine-tuning. With these in place, assessments are the key to high levels of student learning and closing the achievement gap.

4:45 pm – 5:55 pm

BREAKOUT SESSION #3

Practice What You Preach: A Post Pandemic Toolbox for Educators with Emily Cady, Director of Wellness, Our Lady of Mercy School for Young Women



Our anxious world needs non-anxious educators! As the role of educators has become increasingly demanding, careful attention to personal and communal wellness is critical! This session will explore our Post-COVID 19 reality from a variety of perspectives. How have we changed since the pandemic? What have we learned? How can we be better versions of ourselves - both inside and outside of the classroom? Participants will be introduced to a variety of research-based wellness practices for self-reflection, increasing self-awareness, and modeling self-care, all of which can be used directly with students to enhance engagement, model culturally responsive techniques, and to increase student achievement. (High School, Middle/Jr. High Teachers, School Leaders, School Counselors, Social Workers, and Psychologists) all levels of background knowledge.

Stress: Use it or Lose it! with Sandra Towers, Teacher Center Director; Professional Learning Specialist



As we enter our 3rd COVID impacted school year, it is important to recognize, accept, and utilize our human stress response. Discussion and resources will center around three main ideas: 1. Positive Psychology (what we can learn from experts on the importance of our thoughts and the power of resilience); 2. Everything psychological is also biological (the role our limbic system plays in our stress response and what we can do about it); and 3. From the Trenches (educators' viewpoints and expertise).

Become: A Transformational Learning Model for Such a Time as This with Ronit Carter, President and Consultant, Learning Lens and Neal Capone, Principal, Faith Heritage School



For too long, learning has been equated with gathering content and demonstrating skills/competencies. It's time to shift the focus of learning from "What am I accomplishing?" to "Who am I becoming?" It's time for a new educational model, by first revisiting and re-affirming the very purpose of education as transformational. "Become" is a forward-looking educational vision, both grounded in educational research and best practices and firmly rooted in faith-based principles - not overlaid one atop of another, but fully integrated in conception and design. Learn how one local school is using the model to shape its future direction, instructional practice, and professional culture.

New and Novice Teachers Forum - Becoming the Best with Diana Straut, Senior Professional Development Specialist, Upstate PDRC



Becoming a master teacher doesn't happen overnight; it takes time, hard work, consistency, and some heart-to-heart discussions with your colleagues. If you're in your first 1-3 years of teaching, you're probably constantly searching for tips, advice, and support to help you become the best teacher you can be. Join us for a safe, supportive discussion as we explore some of the mindsets and actions of master teachers-including how to create positive learning experiences, finding work-life balance and attending to your continuous professional growth as a teacher. Feel free to bring a question, an uncertainty, or a bright spot from your own experience to share.

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6:15 pm - 7:25 pm

BREAKOUT SESSION #4

How/When to Incorporate Technology in Elementary Math Instruction with  Jaclyn Morales, Teacher, St. Rose of Lima Catholic Academy and the NYC PDRC

Often educators shy away from implementing technology into their math instruction. Old school ways of memorizing math facts have vanished, and the use of online manipulatives and technology are in! I would love to share how to easily incorporate technology into any math lesson, using online manipulatives and whiteboards, as well as formally assess students learning using “Boom Cards”! This session will be highly interactive, in which I will provide resources for teachers to navigate and explore to use in the future. (elementary teachers grades 2-5) intermediate experience.

Equitable Grading Practices in the Classroom with Rebecca Shea, Senior Professional Development Specialist, Upstate PDRC 

Grading is complex and how we enact our grading practices can affect the equity for students in attaining high levels of student achievement. Additionally, these practices can impact the trajectory of a student’s pathway and opportunities in the educational system. Join us for a facilitated discussion to explore common elements of grading practices and how they support or impede the playing field for student learning and achievement in classrooms. Examples will be shared, and participants will break out into similar grade level bands to discuss ideas and how they influence their thinking on grading practices. The purpose of this session is to explore our own grading practices through self-reflection.

STEM and Literacy with Liz Gallo, Founder, WhyMaker, Long Island PDRC 

Incorporating Literacy and STEM is easy to do once you know how! There are so many possibilities to include STEM projects in almost every storybook! Bring a storybook to this workshop and together we will think about how you can turn that book into a hands-on STEM project that combines science, technology, engineering, and math that will excite your students!

Wednesday, November 10, 2021

9:00 am – 9:15 am

Welcome and Opening

Mr. Giovanni Virgiglio

Superintendent of Schools, Diocese of Albany

9:15 am – 10:30 am

Keynote Presentation

Father Joseph McShane, President, Fordham University

21st Century Challenges

This address will focus on the challenges that religious and independent schoolteachers are facing in the 21st Century. First, teachers are called to serve (and to inspire) a multitude of communities: students, fellow teachers, principals, staffs, the families of students (for whom teachers are probably the major and most effective evangelists), and the wider community in which they live and move and have their being. Second, in the uncertain age in which we find ourselves, teachers are the framers, articulating the value proposition of and for independent education, and speaking to the topic I know best, education. The value proposition must be compelling. It must touch hearts and tickle minds. It must be convincing to the age in which we live. An atmosphere that is marked by a rare combination of love and rigor, emphasizing character formation, and offering an excellence that will allow students to succeed on the world's terms. A loving environment, character formation and intellectual excellence. That is what our schools offer – and what they have always offered. In the case of teachers, it requires the ritual that transforms friends into companions in mission. It is the embracing and living the mission that is the key to every educator's success.

10:45 am – 11:55 am

BREAKOUT SESSION #5

Loose Parts – Children as Creators with Monica Levy, President, Leap Smart



Loose parts engage children's natural creativity and encourages them to invent, problem solve, and construct the world around them. This workshop helps educators blend loose parts into existing curriculum while teaching strategies that support discovery through focused questions. Educators will leave the training with new way to promote higher order thinking through imaginative play.

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Exploring Mindfulness to Navigate Stress with Erica Ebert, Staff Development Trainer, SEL & Mindfulness, Wayne Finger Lake BOCES



Stress is a response to pressure or threat. Under stress we may feel tense, nervous, or on edge. As a result, when you're nervous or stressed you might feel your heartbeat or breathing get faster, your palms get sweaty, or your knees get shaky. The stress response is also called the fight-or-flight-response. It's an automatic response that prepares us to deal with danger. However, living with chronic stress has a debilitating impact on our daily interactions and can lead to mental as well as physical illness. The pandemic brought up so much uncertainty concerning the future, and many threats to our security (physical, social, emotional, and financial). Mindfulness can help us acknowledge this situation, without allowing us to be carried away with strong emotions; it can, in turn, help bring ourselves back to a centered calm. Only then can we see more clearly what it is we have control over and what it is that we do not. Join Erica Ebert for a professional development session deliberately created to help participants understand the physiological and neurological impacts of stress and explore ways to navigate stressors in daily life.

Representing Word Problems: Drawings, Tables, Actions and Lists (Grs. 6-12: Math) with Dennis DeSormier, Consultant, Long Island PDRC



How can we teach kids how to represent problems better – and therefore, be better problem solvers? In this session, participants will:

- Justify why representation is so key to problem solving.
- Represent a single word problem in multiple ways.
- Identify common representation errors that impair problem solving.
- Explore some other representations with another problem.

Leadership Development for High School Students with James Kuroly, Rector-President, Cathedral Preparatory School and Seminary



Understanding the need for leadership development in youth, schools must find innovative and creative ways to train young men and women to take on leadership positions. Ultimately, the talk will give effective means of training and developing effective young leaders. The presentation will feature policies, structure, and ways that are effective and ineffective in training future leaders. Topics will include concepts of learning, experience, and relationships. The idea of learning about themselves, their environment, and leadership theories will be presented as the primary factor for their leadership development. The presentation will show the importance of experience and opportunity to implement learned leadership skills as an essential component to leadership development. Another primary reason leadership development in HS Students is so important is the relationships gained, which includes with their peers and adults. The talk will identify the importance of self-awareness, experience, communication, youth voice, and the important role of youth and adult partnerships.

Students in Crisis - What to Look For with John Connors, Courage Through Action



It is imperative we educate school personnel about suicide prevention and not be afraid to reach out and ask, "Is there anything I can do to help you?" This can be accomplished by changing our attitude by recognizing communication, knowledge and awareness saves lives.

#Digital Citizenship - Teaching Digital Ethics and Safety with Dr. Christopher Scharbach, Principal, St. Francis De Sales Catholic Academy, New York City PDRC



During this session, we will look at examples of ethical, responsible, and safe technology use in the classroom, as well as how to teach students about digital citizenship in the classroom. Participants will explore what does citizenship look like when we take it online? As educators, administrators, and educational leaders, how do we engage to model responsible Digital Citizenship for our students? What should students be aware of when it comes to online citizenship?

Formative Assessment - Aligning Student Evidence of Learning to Desired Learning Outcomes with Rebecca Shea, Senior Professional Development Specialist, Upstate PDRC



Teachers, do you feel like you are constantly collecting student work but not gathering what you *really want to know* about your students' thinking and learning experiences? Are you left feeling uncertain at times if students are learning what you intended for the lesson? Do you find yourself implementing formative assessment strategies but *not sure why they are not working* for your classroom? Are you *not seeing evidence* that your students are becoming critical, independent thinkers? In this session, we will explore how we can increase clarity between aligning what we collect from students during the formative assessment process and what we want for our students' depth of learning as a result. We will use classroom examples to identify and dissect how they can help us *clearly see what students know* and *where they need help* in our next steps for instructional planning. Further, we will examine how these classroom examples help support the higher levels of cognition in Blooms such as application, analysis, and critiquing students' own learning. Participants will walk away with formative assessment strategies and a critical eye for evaluating formative assessment strategies you may use in the future.

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12:30 pm – 1:40 pm

BREAKOUT SESSION #6

The Power of Words: Conflict Resolution with Monica Smith, President, Mindful Endeavors, LLC



Words have power. The language we choose to use can either help us to mitigate a conflict or intensify a conflict. Most conflicts arise from miscommunication and misunderstanding. This workshop will explore strategies of communication focused on conflict resolution as well as some techniques to mitigate conflict when it arises. This presentation will include lecture and interaction. During the workshop, attendees will be introduced to how to communicate through conflict and some pitfalls to avoid when conflict arises. Additionally, there will be exploration of how defensiveness plays a role in conflict and what to look out for. Attendees will leave with some written materials to further practice conflict resolution.

How to Effectively Support the Mental Health of Your School Community with Dr. Haley Watson, Clinical Psychologist & CEO, Open Parachute



This session will provide educational leaders with a clear framework for how they can effectively support the mental health of their students and teachers. They will be given specific steps they can take to ensure that all their teachers are coping with the stressors they are facing and are equipped and confident in supporting the mental health of their students, so that every student is engaged, successful and thriving. Models will be taught that enable school leaders to easily disseminate this learning to their leadership team and staff and embed new protocols that set their school community up for success.

The Best Read Aloud Ever with Monica Levy, President, Leap Smart

This workshop gives education a step-by-step template to plan, prepare, and execute a read aloud that will boost student engagement and learning. Teachers will learn: 6 tips to spark interest, how wordless books can inspire language, and how to extend books into the curriculum, plus much, much more.



Why Won't They Play with Me? with Jodee Blanco, Author, Educational Consultant, Speaker



In this engaging session, participants will learn the Five Tenets of Sustainable Inclusivity: Identify – how to identify the different types of exclusion, the students who are the most vulnerable and why;

Intervene – compassionate, SEL-based, intuitive-driven intervention and disciplinary techniques that inspire community in the classroom and the school as a whole; Exemplify – ways in which the adults can reinforce inclusivity by setting the example of a deeper sensitivity and awareness; Extrapolate – how to extrapolate the life-lessons hidden within core subject matter to enrich student empathy and character; Engage – techniques for engaging with each student on a human level and getting them to gel as a class. Participants will learn how to identify the different types of exclusion. Participants will demonstrate knowledge of intervention and disciplinary techniques specific to facilitating inclusivity. Participants will learn strategies for extrapolating relevant life lessons from core curricula that reinforce the message of inclusivity.

The Butterfly Effect: Personal Agency and School Climate with Sandra Towers, Teacher Center Director; Professional Learning Specialist



A positive school and community climate is essential for student social, emotional, and academic success. Participants will discuss the power and agency that individuals possess to impact whole systems. Teachers can leverage what was learned from "pandemic teaching" to improve the "next normal."

Can Educators Thrive? Avoid the 5 Pitfalls and Attain Well-being with Tyler Hester, Founder, Educators Thriving



For too long, we've accepted teacher burnout and attrition as an inevitability. Research has demonstrated dozens of strategies that are empirically proven to improve well-being, but we have failed to systematically incorporate those practices into the day-to-day work of our schools and districts. In a time of unprecedented stress and anxiety, that is no longer acceptable. For the past three years, Educators Thriving has helped teachers across the country practice research-based strategies to improve their well-being. Come to our session to learn about the five most common pitfalls leading to teacher burnout. Practice with two strategies empirically proven to increase well-being. And see why 84% of our participants have reported that the program made teaching feel more sustainable. Also, walk away with a bunch of this-is-awesome-I-can-use-this-tomorrow resources. Participants will have opportunities to reflect on the degree to which they have or are currently experiencing the five most common pitfalls of the educator experience. Additionally, participants will have the opportunity to learn about and apply a framework to effectively prioritize their time and make space in their lives for the most important. These self-reflective experiences have the potential to not only illuminate the power of this work but also make a meaningful and sustained difference in the lives of the educators taking part in the session. We'll conclude with a dynamic question and answer session based on the content of the session. School systems can and must do better to support the well-being of their educators. Come on by and learn how.

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1:45 pm – 2:55 pm

BREAKOUT SESSION #7

Games + Education = SEL with Shoshanah Leibowitz, Principal, Bnos Esther Malka



In this session you will learn about the importance of adding games to your daily routine. Not only are games fun, but they allow you to free up your time focusing on SEL in both groups and 1-1 sessions.



Making the Move Toward Student Creation with Technology with Andrew Yauchler, Technology Integration & Media Specialist



Are you tired of making everything for your class? Do you wish your students could learn how to create authentic, personal, engaging content themselves? This interactive webinar will explore avenues to incorporating student-made media, including video, audio, websites, presentations, and more! Along the way, we'll learn about the SAMR model and the TIMS matrix while grounding the work in the appropriate technology standards. You'll leave with ideas and resources to transfer creation and agency to your students while opening a new world of possibilities!

STEM and Literacy with Liz Gallo, Founder, WhyMaker, Long Island PDRC



Incorporating Literacy and STEM is easy to do once you know how! There are so many possibilities to include STEM projects in almost every storybook! Bring a storybook to this workshop and together we will think about how you can turn that book into a hands-on STEM project that combines science, technology, engineering, and math that will excite your students!

Re-imagining Your Classroom Environment with Robin Gattegno, Consultant, Cooke Institute, New York City PDRC



Through a combination of lecture and interactive discussion, participants will learn about ways to foster emotional intelligence in the classroom, specifically how to promote young students' sense of belonging, emotional regulation and socialization skills and thus feel invested in their learning. We will address challenges students may be facing, particularly as they continue to adjust to structures and routines in the classroom.

Using Portfolios in Middle and High School Classrooms with Chris Link, Director of Education, New York Academy of the Sciences, New York City PDRC



Assessing student learning in today's STEM classrooms presents unique challenges. In addition to assessing students' knowledge gains, STEM teachers often must evaluate student performance, which is inherently open-ended. In this session, we will explore the different types of portfolios that can be used to monitor student achievement and give students ownership of their learning.

Mind-Body-Move: Supporting Learning Through Movement with Janet Hon, Consultant, Cooke Institute, New York City PDRC



This interactive workshop is designed to develop participants' understanding of the ways movement supports learning. We will specifically hone in on the "just right" state of regulation for learning and explore movement activities that support concepts in the curriculum to enhance success for all students. Participants will be able to: -Identify the "just right" state of regulation for learning. - Become familiar with a variety of movement activities to obtain a "just right" state of regulation for a broad range of individual needs. Perform a movement activity that supports readiness for learning.

3:00 PM

Keynote Presentation

Jodee Blanco, Author, Speaker

Lessons Learned Post-Covid and The Trajectory to Normalcy

This session explores the human component of post-crisis management for schools and re-acclimation for both the adults and students. Highlights will include communications strategies and techniques for working through a crisis of any size; SEL tips for teachers and principals; supporting the well-being of teachers: how to anticipate and mitigate new hurdles; what we learned about ourselves and the school during the Covid crisis, and now, looking back at how far we've come, what we need to know moving forward. I'll discuss Expectation Management of parents and students. Plus, managing our own expectations in the new reality. Covid changed a lot. What changes will remain and what will return to the way it was before? How can teachers and administrators set healthy boundaries with students and parents after many of those boundaries got blurred during the transition to distance learning? How do we harness the future with renewed optimism and grace? This will be a powerful talk that celebrates the courage of every person in attendance and offers an exciting blueprint of action for the coming school year.

4:30 pm

**Time to Consult
with the Professional Development Resource Centers**



**Long Island PDRC at
Catapult Learning**

Region served: Long Island
Catapult Learning website

Contact person: Rita Stavrou

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(main)

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**The Upstate PDRC at
Measurement Inc.**

Region served : Upstate Region
- All regions north of NYC

Measurement Inc. website

Contact person: Kelly Valmore,

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**NYS Professional
Development Resource Center
for Religious and Independent
Schools, NYC Region at
Fordham University**

Region served: New York City
Fordham University PDRC

website

Contact person: Dr. Roser

Salavert

Contact phone: 212- 636-6495

Contact

email: pdrc@fordham.edu

Time to Consult with the NYS Education Department

Child Nutrition Programs: Sandra Sheedy, Supervisor Office of Child Nutrition (518) 473-8781
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Office of Student Support Services: Health Services, Karen Hollowood, Associate in School Nursing
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Social Emotional Learning, Community Schools, Attendance Policies, Code of Conduct, Discipline, Homebound, Suspension, and Working Papers: Carri Manchester, Associate in Educational Planning and Evaluation, (518) 486-6090,
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